

## EGGS BENEDICT

SOURDOUGH MUFFINS, POACHED EGGS AND HOME MADE HOLLANDAISE SAUCE. SERVED WITH RED POTATO HASHBROWNS.

**BENNYS WITH A STAR ARE NOT SERVED ON A MUFFIN. SUB GLUTEN FREE BREAD ADD \$2. SKIP THE CARBS! SUB A JONES SAUSAGE PATTI ADD \$3, AVOCADO \$3, TOMATO \$1**

<b>Albertan</b> - shaved tenderloin, mushrooms & onion	<b>\$17</b>
☆ <b>Avocado Toast</b> - crushed avocado, red pepper, goat cheese, rye toast	<b>\$16</b>
<b>California</b> - spinach, tomato, guacamole	<b>\$16</b>
<b>Greek</b> - goat cheese, black olives, red onion, tomato	<b>\$15</b>
<b>Italia</b> - prosciutto, mozzarella	<b>\$16</b>
<b>Lobster</b> - lobster tail	<b>\$18</b>
☆ <b>Mac N' Cheese</b> - cheesy macaroni and bacon	<b>\$15</b>
☆ <b>Monte Cristo</b> - brioche french toast, turkey, ham and swiss cheese	<b>\$17</b>
<b>Montreal</b> - montreal smoked meat, swiss cheese, dijon	<b>\$16</b>
☆ <b>Perogie</b> - perogies topped with bacon, red onion	<b>\$15</b>
☆ <b>Savory</b> - waffle topped with bacon & cheddar	<b>\$15</b>
<b>Surf &amp; Turf</b> - lobster tail and shaved tenderloin	<b>\$19</b>
<b>Traditional</b> - canadian back bacon and cheddar	<b>\$15</b>
<b>1/2 Traditional</b> - for smaller appetities	<b>\$10</b>
☆ <b>Waffles &amp; Fried Chicken</b> - waffle & fried breaded chicken	<b>\$17</b>
<b>West Coast</b> - smoked salmon, capers, red onions	<b>\$18</b>

## BREAKFAST

SERVED WITH BENNYS RED POTATO HASHBROWNS & TOAST

SUB PEROGIES ADD \$3 | RAISIN TOAST ADD \$0.50

<b>JOHN WAYNE BREAKFAST</b> .....	<b>\$18</b>
ALBERTA PRIME CENTRE CUT SIRLOIN, SERVED WITH 2 EXTRA LARGE EGGS AND BENNYS COWBOY BAKED BEANS.	
<b>ELVIS PRESLEY BREAKFAST</b> .....	<b>\$17.5</b>
3 EXTRA LARGE EGGS, BACON, SPOLUMBO CHORIZO SAUSAGE, TOUPEE HAM & JONES SAUSAGE PATTI	
<b>MARILYN MONROE BREAKFAST</b> .....	<b>\$12.5</b>
2 EXTRA LARGE EGGS AND YOUR CHOICE OF BACON, TOUPEE HAM, SPOLUMBO CHORIZO SAUSAGE OR JONES SAUSAGE PATTIES	
<b>BENNYS BREAKFAST BOWL</b> .....	<b>\$15.5</b>
BACON, SPOLUMBO SAUSAGE, HAM, ROASTED RED PEPPERS, MUSHROOMS & RED ONIONS, ROASTED RED POTATOES, HOME MADE CHEDDAR CHEESE SAUCE TOPPED WITH TWO POACHED EGGS AND BENNY'S HOLLANDAISE SAUCE. <b>MAKE IT WITH PEROGIES ADD \$3</b>	
<b>MONTREAL SMOKED MEAT HASH</b> .....	<b>\$15.5</b>
MONTREAL SMOKED MEAT AND RED ONIONS COOKED WITH ROASTED RED POTATOES TOPPED WITH 2 EGGS COOKED HOW YOU LIKE.	
<b>THE ESP</b> .....	<b>\$15.5</b>
SPOLUMBO CHORIZO SAUSAGE, 2 EXTRA LARGE EGGS, BITE SIZE CHEDDAR & POTATO PEROGIES COOKED WITH RED ONION & BACON.	

## OMELETTES

SERVED WITH BENNYS RED POTATO HASHBROWNS & TOAST

SUB PEROGIES ADD \$3 | RAISIN TOAST ADD \$0.50

<b>PHILLIPS 66</b> .....	<b>\$14</b>
TOUPEE HAM, SAUTÉED MUSHROOMS, CHEDDAR & MOZZARELLA CHEESE	
<b>TEXACO</b> .....	<b>\$15</b>
AVOCADO, GOAT CHEESE, GRAPE TOMATOES, SPINACH	
<b>SHELL PREMIUM</b> .....	<b>\$16</b>
SPOLUMBO SAUSAGE, TOUPEE HAM, BACON, CHEDDAR & MOZZARELLA CHEESE	

## SWEET DELIGHTS

SCOOP OF ICE CREAM ADD \$2

UPGRADE TO CAMPFIRE: TOP WITH GRAHAM WAFFERS, CHOCOLATE SAUCE AND TOASTED MARSHMALLOWS ADD \$3

<b>BACON WAFFLE</b> .....	<b>\$15</b>
GLUTEN FREE WAFFLES STUFFED WITH BACON. A SWEET SALTY DELIGHT. FLAVOURED WITH CINNAMON AND VANILLA TOPPED WITH WHIP CREAM AND BERRIES.	
<b>WAFFLES</b> .....	<b>\$11</b>
GLUTEN FREE WAFFLES FLAVOURED WITH CINNAMON AND VANILLA TOPPED WITH WHIP CREAM AND BERRIES.	
<b>FRENCH TOAST</b> .....	<b>\$12</b>
STACKED BRIOCHE FRENCH TOAST FLAVOURED WITH CINNAMON AND VANILLA, DRIZZLED WITH SALTED CARAMEL SAUCE, TOPPED WITH MAPLE FLAVOURED WHIP CREAM AND BERRIES.	
<b>RAISIN BREAD FRENCH TOAST</b> .....	<b>\$12</b>
RAISIN BREAD FLAVOURED WITH CINNAMON AND VANILLA TOPPED WITH WHIP CREAM AND BERRIES.	
<b>PANCAKES</b> .....	<b>\$11</b>
GLUTEN FREE FLUFFY PANCAKES FLAVOURED WITH CINNAMON AND VANILLA, TOPPED WITH WHIP CREAM AND BERRIES.	

## BREAKFAST + LUNCH SERVED ALL DAY

## MAKE IT QUICK

<b>BACON BUTTY</b> .....	<b>\$7</b>
A UK CLASSIC! A BUTTERED BRIOCHE BUN, PILED HIGH WITH SMOKED BACON, TOPPED WITH BROWN SAUCE!	
<b>B.E.L.T.C</b> .....	<b>\$7</b>
BACON, EGG, LETTUCE, TOMATO AND CHEDDAR SERVED ON A TOASTED BAGEL.	
<b>BREAKFAST WRAP</b> .....	<b>\$6</b>
EGGS, SPOLUMBO, BACON, HAM, ROASTED RED PEPPER, BANANA PEPPERS, RED ONION, MUSHROOMS, AND CHEDDAR CHEESE SCRAMBLED TOGETHER WITH SALSA AND WRAPPED IN A FLOUR TORTILLA.	
<b>EGG MCBENNY</b> .....	<b>\$6</b>
FRIED EGG, CHEDDAR CHEESE WITH BACON, HAM OR SAUSAGE ON AN ENGLISH MUFFIN.	
<b>LOX &amp; BAGEL</b> .....	<b>\$8</b>
SMOKED WEST COAST SALMON, CREAM CHEESE, RED ONION AND CAPERS ON A FRESH BAKED BAGEL	
<b>OATMEAL</b> .....	<b>\$5</b>
STEEL CUT OATS TOPPED WITH MIXED BERRIES.	
<b>GRANOLA &amp; YOGURT</b> .....	<b>\$5</b>
TOPPED WITH MIXED BERRIES.	

## SMALL BITES

<b>LIL' ABNER BREAKFAST</b> .....	<b>\$7</b>
EGG, HAM, BACON OR JONES SAUSAGE PATTI, HASH BROWNS AND TOAST.	
<b>PANCAKE</b> .....	<b>\$7</b>
GLUTEN FREE PANCAKE. FLAVOURED WITH CINNAMON AND VANILLA.	
<b>WAFFLE</b> .....	<b>\$6</b>
GLUTEN FREE WAFFLE. FLAVOURED WITH CINNAMON AND VANILLA.	
<b>FRENCH TOAST</b> .....	<b>\$6</b>
FRENCH TOAST FLAVOURED WITH CINNAMON AND VANILLA.	
<b>RAISIN BREAD FRENCH TOAST</b> .....	<b>\$7</b>
FRENCH TOAST FLAVOURED WITH CINNAMON AND VANILLA.	
<b>CHEESE QUESADILLA</b> .....	<b>\$7</b>
SERVED WITH SALSA AND SOUR CREAM.	
<b>MAC N' CHEESE</b> .....	<b>\$7</b>
THE CHEESIEST MAC N' CHEESE EVER.	
<b>CHICKEN FINGERS &amp; FRIES</b> .....	<b>\$8</b>
SERVED WITH RANCH DIP OR PLUM.	
<b>GRILLED CHEESE</b> .....	<b>\$7</b>
SERVED WITH FRIES OR SIDE SALAD.	

## LUNCH

SERVED WITH COLESLAW AND INCLUDES YOUR CHOICE OF FRIES OR SIDE SALAD. GLUTEN FREE BREAD ADD \$2

SUB SOUP OR BEET SALAD \$2 | SUB PEROGIES \$3 MAKE YOUR FRIES A POUTINE \$3.

<b>BENNY BURGER</b> .....	<b>\$17</b>
BACON, PASTRAMI, CHEDDAR, SWISS, MUSHROOMS AND A FRIED EGG ON TOP.	
<b>11 STREET BURGER</b> .....	<b>\$15</b>
GOAT CHEESE, GUACAMOLE, SPINACH.	
<b>ROUTE 66 BURGER</b> .....	<b>\$14</b>
CHEDDAR, MOZZARELLA & SWISS CHEESE.	

ALL BURGERS COME WITH FRESH TOMATO, RED ONION, SPRING MIX, PICKLE AND MAYONNAISE ON A BRIOCHE BUN. CHOOSE BEEF, CHICKEN OR VEGAN PATTI.

<b>SPICY CHICKEN WRAP</b> .....	<b>\$14</b>
FRIED CHICKEN TOSSED IN HOT SAUCE, CHEESE, ROASTED RED PEPPERS, BANANA PEPPERS, TOMATOS AND SPRING MIX WITH RANCH DRESSING WRAPPED IN A FLOUR TORTILLA.	
<b>REUBEN</b> .....	<b>\$16</b>
MONTREAL SMOKED MEAT, SAUERKRAUT, SWISS CHEESE AND DIJON MUSTARD BETWEEN MARBLE RYE BREAD. <b>BENNY SIZE REUBEN ADD \$3</b>	
<b>BEEF DIP</b> .....	<b>\$16.5</b>
ALBERTA AAA TENDERLOIN SAUTEED, TOPPED WITH SWISS CHEESE SERVED ON A CIABATTA BAGUETTE OR MAKE IT INTO A WRAP. SERVED WITH GRAVY FOR DIPPING. <b>BENNY SIZE BEEF DIP ADD \$3</b>	
<b>GRILLED CHEESE</b> .....	<b>\$12</b>
TOUPEE HAM, CHEDDAR, MOZZARELLA AND FRESH TOMATOES GRILLED BETWEEN THE BREAD OF YOUR CHOICE.	
<b>BLT</b> .....	<b>\$14</b>
DOUBLE SMOKED BACON, CHEDDAR CHEESE, TOMATO, SPRING MIX AND MAYONNAISE BETWEEN THE TOASTED BREAD OF YOUR CHOICE OR MAKE IT INTO A WRAP.	
<b>BENNY CLUB</b> .....	<b>\$15.5</b>
FULL CHICKEN BREAST, DOUBLE SMOKED BACON, CHEDDAR CHEESE, TOMATO, SPRING MIX AND MAYONNAISE LAYERED BETWEEN THE BREAD OF YOUR CHOICE OR MAKE IT INTO A WRAP.	

We are a small, locally owned breakfast diner, not a corporate fast food joint. Each and every dish is freshly prepared with the finest ingredients.

**GOOD FOOD TAKES TIME, YOUR PATIENCE IS APPRECIATED.**



# BENNYS

BREAKFAST BAR

## DESSERTS

MADE FROM PREMIUM, GLUTEN-FREE ICE CREAM, BENNYS GLUTEN FREE SYRUPS AND TOPPED WITH HOMEMADE WHIP CREAM AND A CHERRY.

MILKSHAKE ..... \$6

CHOCOLATE  
SEA SALT CARAMEL  
STRAWBERRY  
VANILLA

ICE CREAM FLOAT ..... \$6

COKE  
ROOTBEER  
ORANGE

BENNY SUNDAE ..... \$8

HOME MADE WAFFLE BOWL FILLED WITH VANILLA ICE CREAM, TOPPED WITH CHOCOLATE CHUNKS, REESES PIECES, HOME MADE WHIP CREAM AND DRIZZLED WITH BENNYS CHOCOLATE AND SEA SALT CARAMEL SAUCE TOPPED WITH A CHERRY.

BABY SUNDAE ..... \$3

VANILLA ICE CREAM TOPPED WITH YOUR CHOICE OF CHOCOLATE, STRAWBERRY OR SEA SALT CARAMEL.

BENNY TOWER ..... \$7

A TOWER OF 3 MINI CAKES LAYERED WITH ICE CREAM, TOPPED WITH WHIP CREAM AND TOASTED MARSHMALLOWS, WITH CHOCOLATE AND CARAMEL SAUCE.

BOWL OF ICE CREAM ..... \$3

KEEP IT SIMPLE, JUST A BOWL OF VANILLA ICE CREAM.

MINI CONES ..... \$2

THREE MINI CONES TOPPED WITH SPRINKLES, M&M'S AND SHAVED CHOCOLATE.



ADULT MILKSHAKE (2 OZ) ..... \$9

VANILLA WITH FIREBALL  
SEA SALT CARAMEL WITH BUTTERIPPLE SCHNAPPS  
CHOCOLATE WITH BAILEYS  
STRAWBERRY WITH CANADIAN MAPLE RYE

## SOUPS N' SALADS

BEET SALAD ..... \$15

SLICED CHICKEN BREAST, BENNYS PICKLED BEETS, GOAT CHEESE, GRAPE TOMATOES AND SUGARED PECANS ON SPRING MIX WITH YOUR CHOICE OF DRESSING.

BENNYS SALAD ..... \$15

SLICED CHICKEN BREAST, JULIENNED TOUPEE HAM, POACHED HARD EGG, CHEDDAR CHEESE, MOZZARELLA CHEESE, CUCUMBER AND GRAPE TOMATOES ON SPRING MIX WITH YOUR CHOICE OF DRESSING.

BREAKFAST SALAD ..... \$15

SPINACH, SHREDDED CHEESE, BACON, SPOLUMBO, HAM, ROASTED RED PEPPER, MUSHROOMS, AND RED ONION TOPPED WITH TWO POACHED EGGS AND HOLLANDAISE SAUCE.

SOUP ..... \$7

HOME MADE SOUP, ASK YOUR SERVER FOR THE FLAVOUR OF THE DAY. SERVED WITH AN ITALIAN BUN.

## POUTINES & FRIES

BREAKFAST POUTINE ..... \$10

RED POTATO HASHBROWNS AND BACON, LAYERED WITH HOME MADE CHEDDAR CHEESE SAUCE TOPPED WITH 2 POACHED EGGS AND BENNYS HOLLANDAISE SAUCE.

POUTINE ..... \$10

CRISPY FRIES, CHEESE CURDS AND BENNYS RICH BEEF GRAVY.

PEROGIE POUTINE ..... \$10

BITE SIZED PEROGIES SAUTEED WITH BACON AND RED ONIONS. TOPPED WITH HOME MADE CHEDDAR CHEESE AND 2 POACHED EGGS. SERVED WITH SOUR CREAM.

## SIDES

- ADD MIXED CHEESE, GOAT CHEESE, OR CHEESE CURDS \$2

- UPGRADE YOUR HASHBROWNS TO CANADIAN HASHBROWNS WITH GRAVY AND CHEESE CURDS \$3

CHEESE TOAST ..... \$4    BENNYS COWBOY BAKED BEANS ..... \$3

BACON ..... \$4    BENNYS HOLLANDAISE SAUCE ..... \$1

JONES SAUSAGE PATTI ..... \$4    BENNYS BEEF GRAVY ..... \$1

SPOLUMBO CHORIZO SAUSAGE ..... \$4    SALSA OR SOUR CREAM ..... \$1

TOUPEE HAM ..... \$4    SLICED TOMATO ..... \$2

BENNYS PICKLED BEETS ..... \$2    MAYO ..... \$1

GUACAMOLE ..... \$2    SIDE DRESSING ..... \$1

HASHBROWNS ..... \$4    AVOCADO ..... \$3

## BEVERAGES

GLASS BOTTLED POP ..... \$3

COKE  
DIET COKE  
SPRITE  
CANADA DRY

DAD'S ROOTBEER  
JONES ORANGE  
SODA

JUICE ..... \$3.5

ORANGE  
APPLE  
CRANBERRY  
GRAPEFRUIT  
PINEAPPLE

CLAMATO  
TOMATO  
LEMONADE  
CITRUS PEACH

BOTTLED WATER ..... \$2

ICED TEA ..... \$3.5

HOT CHOCOLATE ..... \$5

WHIP CREAM, TOASTED MARSHMALLOW

MILK ..... \$4

CHOCOLATE MILK ..... \$4

KIDS DRINK ..... \$1

JUICE, MILK, CHOCOLATE MILK

## COFFEE & TEA

LATTE ..... \$4

FRENCH VANILLA CAPPUCINO ..... \$4

MOCHA ..... \$4

ICED COFFEE ..... \$4

ICED COSTA RICAN COFFEE WITH FRENCH VANILLA CREAM

COFFEE ..... \$3.5

BOTTOMLESS - LOCALLY ROASTED, ORGANIC COSTA RICAN FREE TRADE COFFEE

TEA ..... \$3.5

EARL GREY LAVENDER, ENGLISH BREAKFAST, GREEN, SOUTHERN MINT, GOLDEN CHAMOMILE, BOMBAY CHAI

EXTRA TEA BAG \$1.50

FIND US ON SOCIAL!

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## ADULT BEVERAGES

AGLC PROHIBITS THE SALE OF ALCOHOL BEFORE 10:00AM

### WINES

MIMOSA ..... \$8

(9OZ) PROSECCO WITH YOUR CHOICE OF ORANGE, LEMONADE, RED GRAPEFRUIT, PINEAPPLE OR CRANBERRY JUICE.

PROSECCO ..... \$7

(9OZ)

RED WINE ..... \$9

(9OZ) MALBEC, CABERNET SAUVIGNON

WHITE WINE ..... \$9

(9OZ) SAUVIGNON BLANC, PINOT GRIGIO

### BEERS

DOMESTIC ..... \$5

(355ML) BUD LITE, KOKANEE.

STIEGL RADLER ..... \$9

(500ML)

FRULI STRAWBERRY ..... \$8

(330ML)

TOOL SHED BEER ..... \$6

(355ML)

### COCKTAILS

SUNSHINE LEMONADE ..... \$5

(10Z) VODKA, LEMONADE, LEMONS

SCREWDRIVER ..... \$5

(10Z) VODKA, ORANGE JUICE AND GINGER ALE

JACK & CHERRY COKE ..... \$5

(10Z) JACK DANIELS AND CHERRY COKE

MORNING CAESAR ..... \$8

(10Z) VODKA, CLAMATO, SPICES, SALT RIMMED GLASS AND A SKEWER WITH SAUSAGE, OLIVE AND CHEESE.

### ADULT COFFEES

ICED COFFEE AND BAILEYS ..... \$8

(2OZ) BAILEYS WITH ICED COSTA RICAN COFFEE AND FRENCH VANILLA CREAM.

HOT CHOCOLATE & BAILEYS ..... \$8

(10Z) TOPPED WITH WHIP CREAM AND TOASTED MARSHMALLOW.

BENNYS COFFEE ..... \$9

(2OZ) BAILEYS WITH BENNYS COSTA RICA COFFEE TOPPED WITH WHIP CREAM.

B52 ..... \$9

(2OZ) BAILEYS, KAHLUA AND GRAND MARNIER WITH BENNYS COSTA RICA COFFEE TOPPED WITH WHIP CREAM.

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